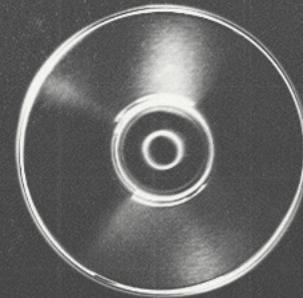


Generation to **GENERATION**

Uncommon Parenting Conference





Working Moms

ROBIN RICE WITH WOVEN PANEL

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Discuss the challenges and issues working moms face and how to overcome them with a panel of other working moms and their spouses.

Rice Family



- Robbie & Robin Rice
- 3 children
- Been at Watermark since the beginning
- In Community with 3 other families
- Dual income family:
 - Robbie = Community Director
 - Robin = Women's Director of Marriage and Family

Outline

- I. Know your spouse - Frizzells
- II. Know your limits – Douthit
- III. Know your season - McCrorys
- IV. Q/A

Text Questions: 214-699-6897



Know your spouse Frizzells

- Mike & Marisa Frizzell
- 4 children
- Been at Watermark 18 years
- In Community with 3 other families
- Dual income family:
 - Mike = Engineer
 - Marissa = Pediatric Nurse Practitioner

Know your spouse

1. Know your role



Congrats! You've been promoted!

Know your spouse

1. Know your role
2. Know your spouse's work

Know your spouse

1. Know your role
2. Know your spouse's work
3. Know your spouse's gifting & capacity



Know your spouse Frizzells

Challenge:

- Keeping all the balls in the air.



Know your spouse Frizzells

Challenge:

- Keeping all the balls in the air.

Mitigate that challenge:

- Communication: Build Plans



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- Living in a network of trust





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- Leverage flexibility for the other



Know your spouse Frizzells

Challenge:

- Keeping all the balls in the air.

Mitigate that challenge:

- Communication: Build Plans
- Living in a network of trust
- Leverage flexibility for the other

Isaiah 26:3

“You keep him in perfect peace
whose mind is stayed on you,
because he trust in you.”

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Know your limits Douthit

- Jeff and Dana Douthit
- 4 children
- Been at Watermark 15 years
- In community with 3 other families
- Dual income family:
 - Jeff = Addison Police Officer
 - Dana = Finance Customer Success Manger for Gartner



Know your limits Douthit

1. What matters?



Know your limits Douthit

1. What matters?
 - a. Our family mission
(Nehemiah 4:14)



Know your limits Douthit

1. What matters?
 - a. Our family mission
(Nehemiah 4:14)

“And I looked and arose and said to the nobles and to the officials and to the rest of the people, “Do not be afraid of them. Remember the Lord, who is great and awesome, and fight for your brothers, your sons, your daughters, your wives, and your homes.”

Know your limits Douthit

1. What matters?
 - a. Our family mission
(Nehemiah 4:13-14)
 - b. What we want our kids to
leave our house knowing?
(Deuteronomy 11:9)





Know your limits Douthit

1. What matters?
 - a. Our family mission
(Nehemiah 4:13-14)
 - b. What we want our kids to
leave our house knowing?
(Deuteronomy 11:9)

“and that you may live long in the land that the LORD swore to your fathers to give to them and to their offspring, a land flowing with milk and honey.”



Know your limits Douthit

1. What matters?
 - a. Our family mission
(Nehemiah 4:13-14)
 - b. What we want our kids to
leave our house knowing?
(Deuteronomy 11:9)
2. What is the need?



Know your limits Douthit

1. What matters?
 - a. Our family mission
(Nehemiah 4:13-14)
 - b. What we want our kids to
leave our house knowing?
(Deuteronomy 11:9)
2. What is the need?
 - a. What blesses Dana the
most



Know your limits Douthit

1. What matters?
 - a. Our family mission
(Nehemiah 4:13-14)
 - b. What we want our kids to
leave our house knowing?
(Deuteronomy 11:9)
2. What is the need?
 - a. What blesses Dana the
most
 - b. What is the most important
for our kids

Know your limits Douthit

1. Evaluations



Know your limits Douthit

1. Evaluations
 - a. What is working?



Know your limits Douthit

1. Evaluations
 - a. What is working?
 - b. What is not working?



Know your limits Douthit



1. Evaluations
 - a. What is working?
 - b. What is not working?
 - c. Define what thriving looks like (Titus 2:3-5). Ask "Is our family thriving?" (Joshua 23:7-8)

Know your limits Douthit

1. Evaluations

- a. What is working?
- b. What is not working?
- c. Define what thriving looks like (Titus 2:3-5). Ask "Is our family thriving?" (Joshua 23:7-8)
- d. Seasonal & Weekly Evaluation





Know your limits Douthit

1. Evaluations
 - a. What is working?
 - b. What is not working?
 - c. Define what thriving looks like (Titus 2:3-5). Ask "Is our family thriving?" (Joshua 23:7-8)
 - d. Seasonal & Weekly Evaluation

"The lines have fallen for me in pleasant places; indeed, I have a beautiful inheritance."

Psalm 16:6

Know your limits Douthit



1. Evaluations

- a. What is working?
- b. What is not working?
- c. Define what thriving looks like (Titus 2:3-5). Ask "Is our family thriving?" (Joshua 23:7-8)
- d. Seasonal & Weekly Evaluation

2. Make Room



Know your limits Douthit

1. Evaluations
 - a. What is working?
 - b. What is not working?
 - c. Define what thriving looks like (Titus 2:3-5). Ask "Is our family thriving?" (Joshua 23:7-8)
 - d. Seasonal & Weekly Evaluation
2. Make Room
 - a. Hobbies



Know your limits Douthit

1. Evaluations
 - a. What is working?
 - b. What is not working?
 - c. Define what thriving looks like (Titus 2:3-5). Ask "Is our family thriving?" (Joshua 23:7-8)
 - d. Seasonal & Weekly Evaluation
2. Make Room
 - a. Hobbies
 - b. Time away

Know your limits Douthit

1. Evaluations

- a. What is working?
- b. What is not working?
- c. Define what thriving looks like (Titus 2:3-5).

Ask "Is our family thriving?"

(Joshua 23:7-8)

- a. Seasonal & Weekly Evaluation

2. Make Room

- a. Hobbies
- b. Time away
- c. Friendships





Know your season McCrory

- Tommy & Meg McCrory
- 3 children
- Been at Watermark 8 years
- In community with 4 other families
- Dual income family:
 - Tommy = Coram Deo Academy High School Principal
 - Meg = Director of Development for IF: Gathering

Know your season McCrorry

1. Factors at play





Know your season McCrory

1. Factors at play
 - Cost of living in Dallas



Know your season McCrorry

1. Factors at play
 - Cost of living in Dallas
 - Vocational calling



Know your season McCrary

1. Factors at play
 - Cost of living in Dallas
 - Vocational calling
2. Our goal



Know your season McCrary

1. Factors at play
 - Cost of living in Dallas
 - Vocational calling
2. Our goal
 - Glorify God in every aspect of our life
Colossians 3:23; Galatians 6:9-10



Know your season McCrary

1. Factors at play
 - Cost of living in Dallas
 - Vocational calling
2. Our goal
 - Glorify God in every aspect of our life
Colossians 3:23; Galatians 6:9-10
 - Healthy relationships
Ephesians 4:1-4; Hebrews 3:12-13



Know your season McCrary

1. Factors at play
 - Cost of living in Dallas
 - Vocational calling
2. Our goal
 - Glorify God in every aspect of our life
Colossians 3:23; Galatians 6:9-10
 - Healthy relationships
Ephesians 4:1-4; Hebrews 3:12-13
 - Disciple our children: *As shepherd of our children, Team McCrary's call is to train our children up in the way they should go by equipping, training, admonishing, encouraging through life.*

Proverbs 22:6

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Know your season McCrorry

3. Keys



Know your season McCrorry



3. Keys

- Personally, abiding with Jesus and praying together

Know your season McCrorry



3. Keys

- Personally, abiding with Jesus and praying together
- Constant and clear communication with each other

Know your season McCrorry



3. Keys

- Personally, abiding with Jesus and praying together
- Constant and clear communication with each other
- Rhythms of life

Know your season McCrorry



3. Keys

- Personally, abiding with Jesus and praying together
- Constant and clear communication with each other
- Rhythms of life
- Reach out when we need help

Know your season McCrory



1. Challenge

- Discerning whether my family is thriving



Know your season McCrary

1. Challenge
 - Discerning whether my family is thriving
2. Overcoming that challenge
 - Pray



Know your season McCrorry

1. Challenge
 - Discerning whether my family is thriving
2. Overcoming that challenge
 - Pray
 - Wait on God



Know your season McCrary

1. Challenge
 - Discerning whether my family is thriving
2. Overcoming that challenge
 - Pray
 - Wait on God
 - Seek wise counsel



Know your season McCrary

1. Challenge
 - Discerning whether my family is thriving
2. Overcoming that challenge
 - Pray
 - Wait on God
 - Seek wise counsel

“You make know to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore.”

Psalm 16:11



Know your season McCrorry

“May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.”

Romans 15:13

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Know your season McCrory

“May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.”

Romans 15:13

“Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the LORD your God is with you wherever you go.”

Joshua 1:9

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What is Woven

A ministry to build connections with working moms at Watermark, and equipping tools for other ministries to better reach them.

Woven's Vision

A church where working moms are effectively Woven into the Body where they are seen, equipped, and deployed to live on mission.

Woven's Strategy

- Invite, foster and support opportunities for working moms to connect to each other
- Equip, train and encourage working moms at Watermark
- Equip and train ministries at Watermark to know how to reach, shepherd and serve working moms
- Support these ministries' ongoing needs and connect with referrals

Woven Information

- Connect with us on Facebook, “Working Moms at Watermark”
- Have more questions? Email woven@watermark.org

Resources

- I. Will add these
- II. Will add these
- III. Will add these

Trying to decide whether or not you should return to work after having your baby can be stressful. Maybe you feel as if the church does not support working moms, your desire to work is somehow wrong, or like you have no other choice because your family needs the income. On the other hand, maybe staying home full-time with your new little one feels overwhelming, or possibly your husband wants to take on a bigger role at home, leaving you the margin to work if you choose. Regardless of your circumstances, Square One wants to help you make the best decision for your family, no matter if that lands you working inside or outside the home.

Here are some questions and Scripture for you to consider:

- 1. Why do I want to work outside the home?**
 - Motivation? Heart? Calling?
 - Proverbs 31:10-31; Matthew 6:19-20, 28:19-20; 1 Timothy 5:8.
- 2. Who is helping me process?**
 - Christ? Husband? Community? Others?
 - Proverbs 11:14, 12:15, 15:22, 18:1-2; Isaiah 30:21; Ephesians 5:21-27; James 1:5.
- 3. What is best for our household?**
 - Full-time? Part-time? Travel? How will we care for children? What do we gain? What do we lose?
 - Proverbs 31:10-31; Romans 12:6; 1 Corinthians 12:4; 1 Timothy 3:4, 3:12, 5:14; Titus 2:4.

- 4. How long will I work?**
 - What is the time frame? Is this a trial period or a longer-term commitment? What makes the most sense for our family?
 - Psalm 133:1; Proverbs 17:1; Ecclesiastes 3:1-22; Daniel 2:21; Romans 8:28.
- 5. Am I fulfilling God's purpose for my life?**
 - Am I abiding with Christ? Pursuing my husband? Caring for my children? Loving and serving others?
 - Deuteronomy 6:4-9; Proverbs 13:24, 22:6; Matthew 28:19-20; Luke 18:15-17; John 15:5.
- 6. Is my family thriving?**
 - How are the emotional, physical, and spiritual needs of our children being met while we are both at work?
 - Am I growing in my relationship with my husband?
 - Are our children growing in their love for God and others?

Take time to thoughtfully answer these questions. Then process your answers with your husband, community, and anyone else you might think could help you make a wise, God-honoring decision. The leaders at Square One are also willing to help you process, share experiences, and pray for you as you make this choice.

CREATING MY WORKING-MOTHER FRAMEWORK



Decision Guide for Working Mom

APPENDIX E: DECISION GUIDE FOR RETURNING TO WORK

CREATING MY WORKING-MOTHER FRAMEWORK

Are My Hands Open?

Should I work outside the home?

Is my work good for my family?

Why?

Am I fulfilling God's purpose or my family?

Motivation?
Heart?
Calling?

1 Timothy 5:8
Matthew 6:19-21
Matthew 28:19-20
Proverbs 31:10-31

Abiding with Christ?
Pursuing my husband?
Loving and serving others, making him known?

John 15:5
Ephesians 5:21-27
Deuteronomy 6:4-9
Proverbs 22:6
Luke 18:15-17
Proverbs 13:24
Matthew 28:19-20

Who is helping the process?

Husband
Community
Jesus

Ephesians 5:21-27
Proverbs 11:14, 12:15
Proverbs 15:22, 18:1-2
Isaiah 30:21
James 1:5

Is my family thriving?

Are we applying what we are learning about God's Kingdom and our purposes?
How are the emotional, physical, and spiritual needs of our children being met while we work?
Am I growing in my relationship with my husband?
Are our children growing in love of God and others?

What's the best way to manage our household well?

Full/part time?
Travel?
What do we gain?
What do we lose?

1 Timothy 3:4, 12, 5:14
Titus 2:4
Proverbs 31:10-31
Romans 12:6
1 Corinthians 12:4

For how long?

What is the time frame?
What makes sense?

Ecclesiastes 3:1-22
Daniel 2:21
Psalm 133:1
Proverbs 17:1
Romans 8:28



New Working Mom Tips

APPENDIX E: DECISION GUIDE FOR RETURNING TO WORK

NEW WORKING MOM TIPS

First day back to work:

- Have everyone praying for you.
 - Dropping your baby off with childcare goes smoothly.
 - That the place would make you feel at peace.
 - That you do not feel isolated or alone.
 - That even if it's hard, you have the strength to get through the day.
- Talk with your husband the weekend before about expectations.
 - Who will be taking and picking up? Might be different for different days.
 - Who will pick up take out (NO SHAME. Do this as much or as little as you need).
 - Who will cook/clean up, get all kid's stuff ready for the morning.
 - When will we do quiet times, work outs or dinners with friends - ALL this is important to stay recharged.

Weekly:

- Ask a mom a little ahead of you who works to mentor you. You may have no time, but you can talk, text, or go on a lunch date. It is life giving to have encouragement.
- Weekly talks with your spouse about all the logistics and assigning weekly tasks. Some examples are below.
 - Who will do laundry or clean? Maybe it's going to be a crazy week so you talk about how the laundry won't get done until Saturday. Maybe you need a service to do it this week.
 - If it's a crazy week, it might also be a week you get take out a lot.
 - Who will take the baby to the doctor appointment that week?
 - Invite family or people who feel like family to help (do not think you have to do it all).
 - Pick some morning/night rhythms to connect with your baby and spouse.
 - Watch a show together.
 - Listen to a podcast or book before bed.
 - Try new take-out places one time a week.

APPENDIX E: DECISION GUIDE FOR RETURNING TO WORK

- Evening walk with your baby when you get off work. _____
- Read books with your baby before dinner as a wind down for the day and reconnect. _____

Mindset:

- Your day will look different, not worse than your friends who stay home. _____
- Communication with your spouse and or community is key. _____
- Connect with other working moms. It's such a great way to encourage each other. _____
- Prioritize your time with Jesus, on your commute, in the morning, etc... listen to the Bible if reading is too hard. _____
- Getting up early and having yourself ready will help. It will give you time to focus on your baby before you drop him/her day off. _____



Text Questions: 214-699-6897

ROBIN RICE

MIKE & MARISA FRIZZELL

JEFF & DANA DOUTHIT

TOMMY & MEG MCCRORY

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