

\_\_\_\_\_’s “Manage Yourself” Chart - Week of \_\_\_\_\_

**Manage your Body:** brushing teeth, dressing, eating, TV/electronic time, shower, going to bed

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**Manage your Stuff:** pick up your room, bathroom, living areas, clear table

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**Manage your School Stuff:** backpack, lunchbox, homework done, reading

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**Manage your Attitude:** kind to family, help, listen & obey, respect each other, self-control

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○ Chore of the week: \_\_\_\_\_

Feed pets on even days; laundry put away; reading, physical activity

\_\_\_\_\_’s “Manage Yourself” Chart - Week of \_\_\_\_\_

**Manage your Body:** brushing teeth, dressing, eating, TV/computer time, shower, going to bed

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**Manage your Stuff:** pick up your room, bathroom, living areas, set table

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**Manage your School Stuff:** backpack, lunchbox, homework done, reading

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**Manage your Attitude:** kind to family, help, listen & obey, respect each other, use words/no fits

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○ Chore of the week: \_\_\_\_\_

Feed pets on odd days; laundry put away; reading; physical activity