

Cell Phone Contract

This contract between (Parents) and (Child) seeks to establish family rules and consequences regarding cell phone usage.

I, (Child), know that having a cell phone to use is a privilege. I understand that my parents love me and want to keep me safe. My parents respect that I am becoming a young adult and want the privilege of having the use of a cell phone. With that in mind, I agree that:

1. I will keep my cell phone password protected and my parents will always know the password.
2. My cell phone must be turned off by my bedtime and placed in my parents' bedroom by 8:30pm on weeknights and by 9pm on weekends. It is **my responsibility** to be sure the cell phone is being charged when necessary.
3. During family meals, my cell phone will be turned off or silenced and in my pocket or placed away from the table. I will not play on my phone, check texts or take calls during meal time.
4. I will not use my cell phone while other people are speaking with me in person. I am not a rude person; I will not allow the iPhone to change that.
5. I will practice proper etiquette when using my cell phone in public places, and be conscious of how my usage affects those around me. **I will make sure my phone is turned off or silenced when I am in church, restaurants, or other quiet settings**, and I will not place or take texts or calls during those times.
6. I understand that having a cell phone is a means of communication, and is not a replacement for actual face to face interaction with my friends and family members. Therefore, when I am with others, I will make the people I am with my priority.
7. I understand that I am responsible for knowing where my cell phone is and for keeping it in good working condition. If it falls into the toilet, smashes on the ground, or vanishes into thin air, **I am responsible for the replacement costs or repairs**. Mow a lawn, babysit, birthday money.
8. I will obey all rules my school has regarding cell phones usage on school grounds.
9. I will not use my cell phone to take pictures or video of nudity, violence or other unlawful activity.
10. I will not use my cell phone for malicious purposes, i.e. bullying, spreading rumors/gossip, etc., nor will I send text messages that are vulgar, obscene, or sexual in nature. I understand that such messages are both highly inappropriate and potentially illegal.
11. I will not download anything without my parents' permission.
12. I will alert my parents if I receive suspicious or alarming phone calls or text messages.
13. I will alert my parents if I am being harassed by someone via my cell phone.
14. I understand that my parents can go through the contents of my phone at any time, with or without my knowledge. I agree to surrender my cell phone immediately to my parents if asked. *I will not delete my texting history or photos without permission*, and I will fully cooperate in showing

my parents the contents of my cell phone, including contacts, pictures, videos, text messages, etc., stored within.

15. I will always respond to my mom or dad's texts/calls as soon as possible in the given situation.
16. I understand that I am responsible for paying for music, games, etc.
17. I understand that my cell phone is not to be taken up to my room unless my parents have given me permission. And if my cell phone is in my room, the door must be left open.
18. I understand that my cell phone may be taken away for failing to complete school assignments or homework and for failing to maintain a sufficient grade point average, as defined by my parents.
19. I will leave my phone home sometimes and feel safe and secure in that decision. It is not alive or an extension of me. I will learn to live without it and be bigger and more powerful than a FOMO – fear of missing out.
20. I understand that my cell phone may be taken away for disrespectful or disobedient behavior, including (but not limited to) back talking, inappropriate sibling interactions (i.e. fighting, hitting, name calling, etc.), and failure to complete responsibilities at home when asked or required.
21. I understand that failure to follow and respect any of these rules can result in the loss of my cell phone for any length of time determined by my parents.

We (Parents) know that having a cell phone to use is a privilege. We love our son/daughter and want to keep him/her safe. We respect that our child is becoming a young adult and wants the privilege of having the use of a cell phone. With that in mind, we agree that:

22. I will make myself available to answer any questions my child might have about owning a cell phone and using it responsibly.
23. I will support my child when he/she alerts me to an alarming message or text message that he/she has received.
24. I will alert my child if our cell phone plan changes and impacts the plan's minutes.

Signed _____ (Child)

Signed _____ (Parent)

Signed _____ (Parent)

Date _____