

RECLAIMING Biblical Discipline

Greatest Call (you don't want to miss!) for Parents

Deuteronomy 6: 5-9

Just "Deu" It / Root and Ground

This is a Process NOT an Event!

Love the Lord your God with all your heart
and with all your soul and with all your strength.

These commandments that I give to you today are to be upon your hearts.
Impress them to your children. Talk about them when you sit at home,
and when you walk along the road, when you lie down and when you get up.
Tie them as symbols on your hands and bind them on your foreheads.
Write them on the doorframes of your houses and on your gates..

See also: Deuteronomy 32: 46-47

Sin began at the apple

Three things we know for Certain!

1. Your child was born sinful - Romans 3: 23 / Genesis 8: 21 / Genesis 6: 5
It is not "if" but "when" will they sin.
2. Sin (Folly) IS bound up the heart of the child,
but the rod will drive it far from him! Proverbs 22:15
Folly - the state or quality of being foolish: lack of understanding or sense.
3. Sin is not a laughing matter - Romans 5: 8
Do not make light of what God sent his son to die for.

The Bible tells us:

All Scripture is God Breathed and is useful for
teaching, rebuking, correcting, and training in righteousness,
so that the servant of God may be thoroughly equipped for every good work. 2 Timothy 3: 16
Also see: Hebrews 4: 12

Write your "I believe" statement:

ALL GOOD DISCIPLINE STARTS WITH A PLAN-T

P- Purpose, Past, and Prayer / **L**-Embracing God's Unconditional Love and modeling it to others & LOVE TRUTH /

A- Anger vs Attitude- make the adjustment, **N**- No Taste of Victory or Gray Areas & Notice,

T- Teachable Moments and Truths we plant along the way and how they impact the journey!

big picture – Psalm 78: 5-8

P- Purpose, Past, and Prayer

Purpose (To Train towards Godliness & Righteousness)

1 Timothy 4: 7-8

Know and Believe the Purpose: Need a Clear View!

- God has _____ and _____ you to a task that Glorifies Him –Psalm 127: 3-5
- He is at _____ in all things – Romans 8: 28

- Through Him you will have _____ & _____ to endure and overcome ALL obstacles –Isaiah 40
- You will experience _____ & _____ even when the going gets tough! 1 Peter 1: 6

Lose sight of the purpose we find ourselves:

- RESENTFUL of the demands
- DISCOURAGED and DISCONTENTED in our routine
- IRRITATED and IMPATIENT with our children

Past – Own it and Deal with it! (Be a product not a prisoner!)

What is your fig leaf? Genesis 3: 9-10 / Hebrews 12: 1-2 / 2 Corinthians 5: 17

Prayer – *Wisdom*- getting His viewpoint and responding to it! Proverbs 2: 1-7 (If & Then)

Need to know His Ways, His Works, His Will and Respond!

Meditate on His Word & Obey His Commands ~ Proverbs 4 & 8

Heed Godly Counsel ~ Proverbs 12: 15 / 13: 10 / 13: 20 /15:31

ASK! James 1: 5 (ask God-He gives generously)

Proverbs 14: 1 The wise woman builds her house but the foolish tears it down with her own hands.

L - Love – Unconditional (undeserved favor) - No Matter What

Psalm 139: 14 / Romans 8: 38-39 / Ephesians 2: 10 & 3: 16-18 / Luke 12: 7

We have come to **know and believe** in the love God has for us. John 4: 16a

God's discipline always grows out of **LOVE** and is for the **benefit** of His children. Proverbs 3: 11-12

Formative Instruction vs Corrective Discipline

Taste and see that the Lord is good. Blessed is the man that takes refuge in Him. Psalm 34: 8

0-5 Discipline Phase / 6-12 Training / 13-17 Coaching / 18 Friendship

What does Biblical Corrective Discipline look like? Truth tells us.....

The ROD & REPROOF give wisdom but a child who gets his own way brings shame to his mother - Proverbs 29:15

Bring them up in the DISCIPLINE & INSTRUCTION of the Lord. Ephesians 6:4

See also: Proverbs 31:26

Remember it is not the severity of the punishment that changes behavior, it is the certainty!!!!

To Spank or not to Spank? –Attention Getter not a BEATING!!!

He who spares the rod hates his son, but he who loves him is careful to discipline him. Proverbs 13:24

Love should be your motivation to use the rod. (Prov 23: 13-14)

With the rod comes a huge responsibility. Wooden spoon – LOAD IT WITH SCRIPTURE!

- Psalm 127: 3 Children are a gift from God; they are his reward. Like arrows in the hands of a warrior. (they go where we aim them!)
- No discipline seems pleasant at the time but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it. Hebrews 12:11
- The eyes of the Lord are everywhere, keeping watch on the wicked and the good. Proverbs 15: 3
- Train up a child in the way he should go, and when he is old he will not turn from it. Proverbs 22: 6
- Stern discipline awaits him who leaves the path. Proverbs 22:10

Put the chip in the “Plinko” board.....

Consequences are needed if the behavior is either of these!

Disrespect or Willful Disobedience!!!! A worthy battle!

Respect vs. Disrespect

Respect is: earned as we intentionally build into the hearts of our children.

It must be a mutual respect –running in all directions.

A great place to start is good manners:

Be a parent that loves good manners but recognize that respect is more than good manners or robotic.

The heart of every issue is about the heart!

Disrespect is: Tone of voice / words spoken / facial expression / body language.

Words spoken equates to 7% of the message.

Establish a Zero Tolerance for Disrespect.

Obedience VS. Disobedience

OBEDIENCE is.... Doing WHAT I am told, WHEN I am told

WITH a Good Attitude and Trusting Heart

WWW-obedience –what/when/with = obedience (1ST TIME)

Under the Umbrella of God’s Authority

~ Children, obey your parents in the Lord, for this is right. Honor your father and mother

for this is the first Commandment with a promise ---

that it may go well with you and that you may live a long life on the earth.

Ephesians 6: 1-3

~Do all things (everything) without arguing and complaining!

Philippians 2: 14!

Incorporate **SCRIPT**ure! (Delivery and clear expectations are key!)

Ephesians 6: 1-4 Circle of Blessing – Life will go well with you and you will live a long life on this earth.

Sin leads to Consequences. Must Reproof, Repent, and Restore back to Circle.

Forgiveness Restores!

Relational Disrespect: Ephesians 4: 29 Do not let.....

Be in the Building Business.

Blaine / Teenager Psalm 119: 18

Eyes / see ...ears / hear the heart from which everything he says to me comes from!

Temper Tantrums

Age appropriate and add 10 years

A- Anger & Attitude

Mom/Dad + Jesus = _____ / Mom/Dad + Child = _____ What’s the Product?

Anger – Belittling and a Deal Killer! Are you a reactor or a responder?

First responders are trained, in control, their efforts are intentional to save!

Do not answer a fool according to his folly, or you will be like him yourself. Proverbs 26: 4

“Without wood a fire goes out”; without gossip a quarrel dies down. Proverbs 26:20

A fool gives full vent to his anger, but a wise man keeps himself under control. Proverbs 29: 11

See also James 1: 19-20

Attitude Adjustment

Solitude / Gratitude / Attitude / Altitude (Christmas "Tudes")

Recount what God IS DOING and HAS DONE for you!

See also Mark 6: 45-52 ~ Where is God making you get in the boat!

Gratitude and Joy! / Kingdom Perspective

New or Renewed Perspective

Ephesians 4: 22-24

Create in me a pure heart, O God, and RENEW a steadfast spirit within me. Psalm 51:10

½ Full or ½ EmptyBe Positive / If momma ain't happy????

Be imitators of God, therefore as dearly loved children and live a life of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God. Ephesians 5: 1-2

N...No Taste of Victory/No Gray Areas –

Be a parent that your children can COUNT on: Paint Expectations & Avoid Traps!

1. Conviction (Convinced, Fixed, Firm Belief) For God's Word – James 5: 12 b

2. Courage – To Stand Firm

3. Consistency (24 / 7) – Say what you mean and mean what you say

It is not the severity of the punishment that changes behavior, it is the certainty!

No-tice.... – all eyes on you!

Good instruction and a bad example is like pointing your kids to heaven
but taking their hand and leading them down the road to hell.

Be diligent in these matters give yourself wholly to them so everyone may see your progress.

Watch your life and doctrine closely. Persevere in them because if you do
you will save both yourself and your hearers. 1 Timothy 4: 15 (see also 2 Timothy 4: 2)

She speaks with wisdom and faithful instruction is on her tongue. Proverbs 31: 26

T – Teachable Moments & Truths you plant along the way

Plan –T You plant in hopes of cultivating!! Seed and Feed Store

2 Corinthians 9:6 / Ecclesiastes 11: 6 / Galatians 6: 9 "in due time" "at the proper time"

Some Discipline Scriptures

- **Psalm 34:8** "Taste and see that the Lord is good. Blessed is the man that takes refuge in him." (Yummy Fruit)
- **Proverbs 6:23** "For the commandment is a lamp and the teaching a light, and the reproofs of discipline are the way of life." (It's a Dark world- everyone needs light to steady every step!)
- **Proverbs 10:17** "Whoever heeds discipline shows the way to life, but whoever ignores correction (reproof) leads others astray."
- **Proverbs 12:1** "Whoever loves discipline loves knowledge, but he who hates reproof is stupid."
- **Proverbs 13:18** "He who ignores discipline comes to poverty and shame, but whoever heeds correction is honored."
- **Proverbs 15:5** "A fool spurns a parent's discipline, but whoever heeds correction shows prudence."
- **Proverbs 19:18** "Discipline your children while there is hope. Otherwise, you will ruin their lives."
- **Proverbs 20:30** "Physical punishment cleanses away evil; such discipline purifies the heart."
- **Proverbs 22:13** "Do not withhold discipline from a child; punish him with the rod, he will not die. Punish him with the rod and save his soul from death. My son, if your heart is wise then my heart will be glad; my inmost being will be glad; my inmost being will rejoice when your lips speak what is right." (refer back to Proverbs 31: 26)
- **Proverbs 22:15** "Folly (foolishness) is bound up in the heart of a child, but the rod of discipline will drive it far from him." (The rod comes with a huge responsibility!)
- **Proverbs 26: 4** "Do not answer a fool according to his folly or you will be like him yourself." Put another log on the fire!!
- **Proverbs 26: 20** "Without wood a fire goes out"
- **Proverbs 29:11** "A fool gives full vent to his anger, but a wise man keeps himself under control"!!!! (Non Cloudy heart is key if anger creeps in...DEAL KILLER!)
- **Proverbs 29:15** "To discipline a child produces wisdom, but a mother is disgraced by an undisciplined child..." (It also makes for troubling teenage years and beyond! not to mention one unhappy sad mom and dad!)
- **Proverbs 29:17** "Discipline your son, and he will give you peace; he will bring delight to your soul."
- **Isaiah 38:16** "Lord, your discipline is good, for it leads to life and health. You restore my health and allow me to live."
- **Ephesians 6:4** "Fathers, do not exasperate your children, instead bring them up in the **training and instruction** of the Lord." Discipline and Instruction must go hand in hand!
- **1 Tim 1:16** "But God had mercy on me so that Christ Jesus could use me as a prime example of his great patience with even the worst sinners. Then others will realize that they, too, can believe in him and receive eternal life" (NLT).
- **Hebrews 5: 8** "Although he was a son, he learned obedience from what he had suffered."
- **James 1:5** "If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him."

Good verses for your spoon:

- **Psalm 127: 3-4** "Sons are a heritage from the Lord, children a reward from him. Like arrows in the hands of a warrior." (they go where we aim them!)
- **Proverbs 10: 13** "On the lips of him who has understanding, wisdom is found, but a rod is for the back of him who lacks sense"
- **Proverbs 13: 24** "Whoever spares the rod hates their children, but the one who loves their children is careful to discipline them."
- **Proverbs 15:3** "The eyes of the Lord are everywhere, keeping watch on the wicked and the good." Us TOO!
- **Proverbs 22:6** "Train up a child in the way he should go, and when he is old he will not turn from it." There comes a time when your children must proclaim their own faith and relationship with the Lord. There is rest for those that have done their best (no perfection) to impart a love for God and his word when the children are young. We must cling to his instructions and trust that our children will be Christ followers. There may be some soul searching somewhere along the way.
- **Proverbs 22:10** "Stern discipline awaits him who leaves the path." Have clear cut expectations- Say what you mean and mean what you say! Be a mom they can count on! Remember it is not the severity of the punishment that changes behavior, it is the certainty!!!!
- **Philippians 2:14** "Do all things without arguing and complaining"! OBEDIENCE is.... doing WHAT I am told, WHEN I am told WITH a Good Attitude and Trusting Heart! - WWW-obedience -what/when/with = obedience
- **Hebrews 12:11** "No discipline seems pleasant at the time but painful. Later on (in due time), however, it produces a harvest of righteousness and peace for those who have been trained by it." (this fruit is sweet!!) -Psalm 34: 8

Parenting is not easy but I love God's encouragement in:

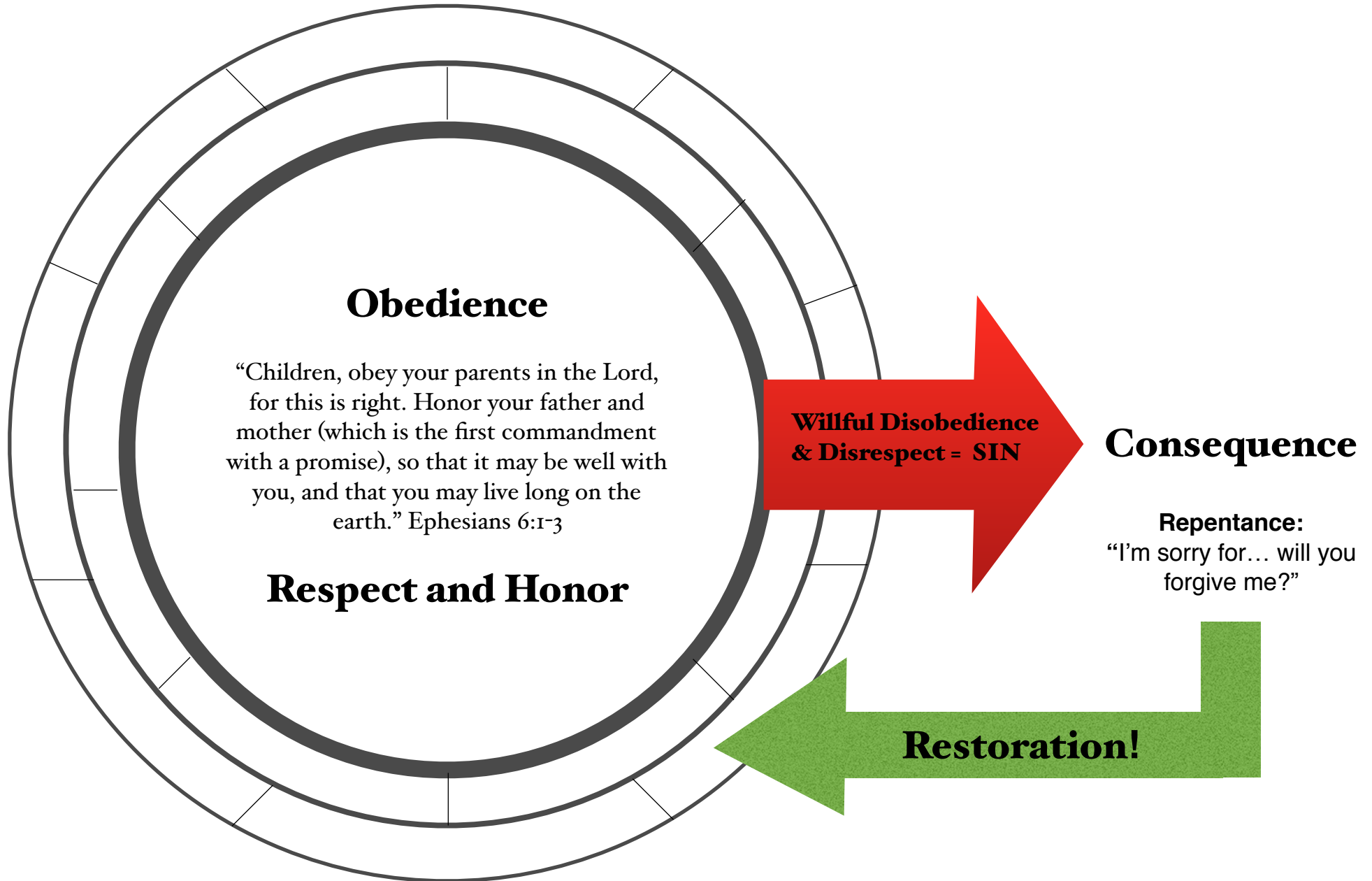
- **Deuteronomy 32: 46-47** "Take to heart all the words I have solemnly declared to you this day, so that you may command your children to obey carefully all the words of this law. They are not just idle words for you - they are your life..."
- **Psalm 34:8** "Taste and see that the Lord is good: Blessed is the man who takes refuge in him" His fruit is the most tasty and it sustains
- **Proverbs 31:26** "She speaks with wisdom and faithful instruction is on her tongue." (We must be in God's Word in order to have His promises and truths flowing through out us!) - See also James 1:5 "No wisdom??" ASK- He is generous
- **Galatians 6:1** "Brothers and sisters, if someone is caught in a sin, you who live by the Spirit should restore that person gently. But watch yourselves, or you may be tempted."
- **Galatians 6:9** "Do not grow weary in doing good, for in the proper time, you will reap a harvest." (live for the harvest!) If you are currently in a tough spot with your child- pray for fruit.
- **1 Timothy 4:16** "Be conscientious about how you live and what you teach. Persevere in this, because by doing so you will save both yourself and those who listen to you."

We reap what we sow, so do the hard work now and enjoy the fruits of your labor in the years to come!

Put these verses on a notecard in your closet:

- **Proverbs 14:1** "The wise woman builds her house but the foolish tears it down with her own hands."
- **Colossians 3:1-2:** "Therefore if you have been raised up with Christ, keep seeking the things above, where Christ is, seated at the right hand of God. Set your mind on the things above, not on the things that are on earth" (NASU).
- **Colossians 3:12:** "Therefore as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness, and patience." I often laugh, there were many days I probably looked like the Maidenform woman! I had not clothed myself with any of these!

Circle of Blessing



Obedience = Doing what I am told, when I am told with a good attitude and trusting heart.