

# TUNE YOUR HEART TO GOD'S WAYS AND WORDS

- I. **Be a Collector of Heart Verses and Promises** –Set a goal of memorizing at least 1 verse from each book of the Bible that speaks about our hearts. Here are some of my heart verses and promises.
- Colossians 3:2. *Set your affections on things above and not below.* (Tune your heart to things above.)
  - Romans 12:2. *Be not conformed to this world: but be transformed by the renewing of your mind.* (Tune your heart by tuning your mind.)
  - Isaiah 26:3. *Thou wilt keep him (her) in perfect peace whose mind is stayed on Thee.* (Tune your heart to Jesus.)
  - Galatians 5:22-23. *But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control.* (Tune your heart to be fruitful.)
  - Philippians 4:6. *Be anxious for nothing but in everything by prayer and supplication with thanksgiving let your requests be made known unto God.* (Tune your heart by prayer.)
  - 1 Peter 5:7. *Cast all your cares on Him for He cares for you.* (Tune your heart by letting Him care for you.)
  - Proverbs 4:23. *Guard your heart with all diligence for out of it are the issues of life.* (Tune your heart by being alert to what flows from it.)
  - Jeremiah 17:9-10. *The heart is deceitful above all things and desperately wicked.* (Tune your heart to God's bountiful, daily grace.)
  - Matthew 6:21. *For where your treasure is, there your heart will be also.* (Tune your heart to what God treasures.)
  - Proverbs 3:5 *Trust in the Lord with all your heart and lean not on your own understanding.* (Tune your heart to God's thoughts and understanding.)
  - Proverbs 23:26. *My son, give me your heart and let your eyes delight in my ways.* (Tune your heart and eyes to God's ways.)
  - Psalm 73:26. *Create in me a pure heart, O God, and renew a steadfast spirit within me.* (Tune your heart to purity.)
  - John 14:27. *Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.* (Tune your heart to the peace that Jesus gives.)
  - Psalm 37:4. *Take delight in the LORD and he will give you the desires of your heart.* (Tune your heart to take delight in the Lord.)
  - Psalm 34:18. *The LORD is close to the brokenhearted and saves those who are crushed in spirit.* (Tune your heart to the Lord when sad.)
- II. **Confess** – 1 John 1:9. *If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.* Great way to begin to tune your heart first thing in the morning or end to your evening.
- III. **Cast cares** – 1 Peter 5:7. *Cast your cares on Him for He careth for you.* Carrying your own cares; makes your tuning very flat.
- IV. **Call on His Names.** God's names are windows into who He is. The more you know about His names the more you can tune your heart to God and His Word. We spent a lot of time teaching our children about the names and attributes of God.
- V. **Celebrate** – Tune your heart with worship. Sing in the car to God, in the kitchen, on walks, tell Alexa to play worship songs.
- VI. **Consider** – Consider all He has done and given to you. Take a day just to be thankful and grateful. Keep a grateful journal.
- VII. **Communicate:** Pray – You can talk to the Tuner anytime anywhere - all through the day. 1 Thessalonians 5:16. *Pray without ceasing.*