

#ALLTHEFEELS: WEEK 1

God intends for our relationships to be full of joy, life, and peace, but we live in a culture that continually sends us confusing and contradictory messages when it comes to how we are to deal with our feelings and emotions towards the opposite sex. Some are saying to follow our heart, others are telling us to wait until we're older, so what are we supposed to do? Should we start dating or should we wait? Where are these feelings coming from and how are we supposed to know what to do with them? We understand this can be a difficult and confusing topic, so in this series, our goal is to open God's Word and learn how we can deal with our feelings by acting on them in the way that God intended, for our good and for His glory.

#AllTheFeels

1

Who was at Wake this weekend and can recap what we talked about?

6

What is God's design for how feelings toward the opposite sex are to be acted on? Read Genesis 2:24 and Ephesians 5:31.

-God's design for our feelings for the opposite sex are to be acted upon within the context of Marriage.

2

How would you say that your feelings influence your decisions and interactions with others, specifically with those of the opposite sex?

7

How does God's Word tell us to treat those of the opposite sex before marriage? How does this inform the way you should act on your feelings? Read 1 Timothy 5:1-2.

*-We are to treat one another as brothers and sisters, with **absolute** purity.*

3

Do you believe that God is FOR feelings? Read Song of Solomon 2:7, 3:5, and 8:4.

-Clearly, love is a good thing - after all, God created it. He is FOR feelings, but intends for them to be acted on within His design and intentions for them.

8

Do you believe that God's design is perfect and for your good? Why or why not? (John 10:10, Gal. 5:1)

-God's not trying to rip you off, but intends for you to experience more joy with less scars.

4

Is it wrong for you to have feelings for someone? Why or why not?

-Feelings are not inherently wrong to have, but it is important to assess your motive behind them. (Are they driven by lust, impure motive, etc?) Prov. 4:23, 1 Thess. 4:3-8.

9

What is a wise plan for acting on your feelings? Try to inform your answer with scripture.

-Seek Truth First (2 Tim. 3:16), Assess Your Heart (Jer. 17:9), Trust Wise Counsel (Prov. 15:22).

5

Do you have a plan for how you are going to act on your feelings?

10

What would it look like for you to take things slow, trust God, and trust the counsel of others?