

## MAKING MEMORIES WITH YOUR FAMILY by Mary McGuire

### 1. BE TOGETHER {You actually have to spend time TOGETHER}

#### Meal Time:

- Present food in pictures
- Snack lunches/suppers by putting food in muffin tins
- Color Dinners
- Shape Dinners
- Taste Tests - try all different girl scout cookies, oreos, pringles, etc. Record your results, graph them, what's your favorite? Etc.
- Make it intentional - pray through Christmas cards, hymn a month, Scripture memory, Bible story, High/Low, Would you Rather?, Conversation Cards
- Pancake Parties - turn up the music, dance, and cook

#### Bath Time:

- Bubble bath, bath bombs, water color changing tablets
- Special baths - glow sticks, easter eggs, etc.
- Play music - let your child pick
- Read while they bathe
- Sing songs, say poems
- Pretend to be a mermaid or a shark

#### Drive Time:

- Yes/No game
- Looking for alphabet letters in order on signs and license plates
- Looking for numbers
- Eye Spy, Would you rather?, What animal am I describing?, Simon Says, Telling Jokes, Books on tape, Fun music, car dancing, freeze dance
- Review things - counting forwards or backwards, skip counting, right and left, days of the week, etc.

#### "Big Kid" Time

### 2. DO WHAT YOUR CHILD LIKES TOGETHER.

"I like when we \_\_\_\_\_ together" What would your child say? Go all in with them.

Giving things a title {ex. Easter bath}

Make it a "series" (top 10 playgrounds, 5 best ice cream spots)

Work together to accomplish things (including surprising people)

Consider YES DAY!

### 3. DO WHAT YOU LIKE TOGETHER

Decide what is important to your family. Work on consistency with those things. We prioritize reading, travel, hosting, and encouragement.

What kind of mom are you?

Use YOUR talents and gifts to be the mom God created YOU to be for your kids. What an AWESOME way to be a mom!

Nature Mom: time outside, camping, caring for plants, planting a garden, knowing trees/flowers/etc, build a bird feeder, 1000 hours outside movement, app called SEEK

Musical Mom: study a hymn a month, weekly music night, pass on how to play an instrument, sing and dance together, caroling tradition, write a family song

Chef Mom: bake, cook, try new foods, try new restaurants, make food for others, invite people over to share meals

Athletic Mom: Be available to play sports together, exercise together, as they get older set goals to run or do a race, etc. together.

Mom who serves: Include your kids, make homeless bags, meals to neighbors, make cards, send mail to someone lonely, serve at church

Field Trip Mom: Go places together, try new things, explore our fun city

\*See more great ideas from Mary McGuire on Instagram @inventingadventure.