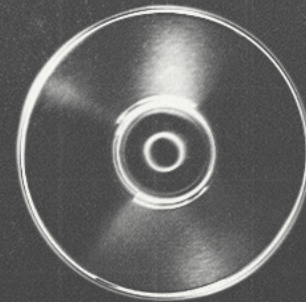


# Generation to **GENERATION**

Uncommon Parenting Conference





# What Your Teen Wishes They Could Tell You

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Uncmn













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# Real Wishes from Real Teenagers

- “I want them to understand how to give me earned freedom”
- “I want them to understand the impacts of technology and social media on life at home and school”
- “I wish my parents understood the power of their words over me”
- “We listen to y’all more than you think”
- “I wish my parents and I could calmly work through conflict together”
- “Desiring to hang out with friends does not mean home isn’t fun or that you’ve failed as a parent”
- “That being a teenager is hard”



# 6 Things Your Teen Wishes They Could Tell You

# 1. 'I need an example'

The most common indicator of a young person standing firm in their faith long after they leave the home is at least one parent who models what it looks like to know & love God.

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CHRISTIAN LIVING · Sep 5, 2019 · BabylonBee.com

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# Judges 2:6–10

When Joshua dismissed the people, the people of Israel went each to his inheritance to take possession of the land. 7 And the people served the Lord all the days of Joshua, and all the days of the elders who outlived Joshua, who had seen all the great work that the Lord had done for Israel. 8 And Joshua the son of Nun, the servant of the Lord, died at the age of 110 years. 9 And they buried him within the boundaries of his inheritance in Timnath-heres, in the hill country of Ephraim, north of the mountain of Gaash. 10 And all that generation also were gathered to their fathers. And there arose another generation after them who did not know the Lord or the work that he had done for Israel.



# Psalm 145:4

One generation shall commend your works to another and shall declare your mighty acts.

## 2. 'I need empathy'

Today's teenagers are searching for identity, belonging and purpose in the most confusing & complicated culture. Really listening and seeking to understand their unique challenges without trying to problem solve goes a long way.



# THE FIGHT FOR YOUR MIND

MAKING YOUR THOUGHTS OBEDIENT TO CHRIST



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# 3. 'I need encouragement'

Encouragement strengthens and inspires. There is not a parent in the room that reflects on their teenage years and says, "I wish my parents would have encouraged me less."

# Proverbs 12:25

Anxiety in a man's heart weighs him down,  
but a good word makes him glad.

# 4. 'I need earned freedom'

“Before adolescence, your role as a parent is to teach and protect. From 13 years old and on, your role is to train and release. You must have a plan for planned emancipation - slowly and strategically giving your teenage more autonomy as they mature. Be clear on freedoms, expectations, and consequences all along the way.” – An excerpt from “Feeding the Hand that Bites you” by Dr Ken Wilgus

Caretaker > Cop > Coach > Consultant

# 5. 'I need guardrails around social media & phone usage'

The best time to put in boundaries around phones and social media is the day you give your child a phone or access to social media. The second-best day is today!

# Psalm 101:3

I will not set before my eyes anything that is worthless.

## Guardrails to consider:

- The kind of content
- The amount of time spent consuming content
- The location of content consumption
- The example parents set with their own consumption

## 6. 'I need the experience of healthy conflict resolution'

One of the greatest demonstrations of how the gospel transforms us is through how we resolve conflict. Grace, truth, forgiveness, seeking to understand more than seeking to be understood should mark how we resolve conflict in our marriage, and will carry over to how you resolve conflict with your children.

# Psalm 78:3–8

Things that we have heard and known, that our fathers have told us.

4 We will not hide them from their children, but tell to the coming generation the glorious deeds of the Lord, and his might, and the wonders that he has done. 5 He established a testimony in Jacob and appointed a law in Israel, which he commanded our fathers to teach to their children,



# Psalm 78:3–8

6 that the next generation might know them, the children yet unborn, and arise and tell them to their children, 7 so that they should set their hope in God and not forget the works of God, but keep his commandments; 8 and that they should not be like their fathers, a stubborn and rebellious generation, a generation whose heart was not steadfast, whose spirit was not faithful to God.



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