**iPhone and Social Media Contract**

**Prepared for Child\_name by Parents\_name**

**Date mm/dd/yyyy**

**iPhone General Expectations**

1. The iPhone is the property of your parents. We bought it. We pay for it. We are loaning it to you. Aren't we the greatest?

2. We will always know the password to your phone and ALL of your accounts. No exceptions.

3. If it rings, answer it. It is a phone. Say hello, use your manners. Do not ever ignore a phone call if the screen reads "Mom" or "Dad." Not ever.

4. Hand the phone to one of your parents promptly whenever asked. We can look at and search it at any point and for any reason. Live in the light. If you are afraid of anything we might find on the phone, don’t do it.

5. A phone is not a replacement for real people. Have a conversation with the people you text in person. It's a life skill.

6. If it falls into the toilet, smashes on the ground, or vanishes into thin air, you are responsible for the replacement costs or repairs. Mow the lawn, babysit, stash some birthday money. It will happen, you should be prepared.

7. Do not use this technology to lie, fool, or deceive another human being. Do not involve yourself in conversations that are hurtful to others. Be a good friend first or stay out of the crossfire.

8. Do not text, email, or say anything through this device you would not say in person.

9. Do not text, email, or say anything to someone that you would not say out loud with their parents in the room. Censor yourself so that we don’t have to.

10. No pornography or sexual searches. Search the web for information you would openly share with us. If you have a question about anything, ask us.

11. Turn it off, silence it, put it away in public. Especially in a restaurant, at the movies, or while speaking with another human being. You are not a rude person; do not allow the iPhone to change that.

12. Do not send or receive pictures of your private parts or anyone else's private parts. Don't laugh. Someday you will be tempted to do this despite your high intelligence. It is risky and could ruin your teenage/college/adult life. It is ALWAYS a bad idea. Cyberspace is vast and more powerful than you. And it is hard to make anything of this magnitude disappear -- including a bad reputation.

13. Don’t let others use your phone without your knowledge. If they use it for something inappropriate, you will still be held responsible for the content or searches.

14. Don't take a zillion pictures and videos. There is no need to document everything. Live your experiences. They will be stored in your memory for eternity.

15. Leave your phone home sometimes and feel safe and secure in that decision. It is not alive or an extension of you. Learn to live without it. Be bigger and more powerful than FOMO (fear of missing out).

16. Download music that is new or classic or different than the millions of your peers that listen to the same exact stuff. Your generation has access to music like never before in history. Take advantage of that gift. Expand your horizons.

17. Play a game with words or puzzles or brain teasers every now and then.

18. Keep your eyes up. See the world happening around you. Stare out a window. Listen to the birds. Take a walk. Talk to a stranger. Wonder without googling.

**Instagram Specific Requirements**

**1.  I will keep in mind that I want a job one day, and that any picture I post on social media is out there forever.**

**2.  Silly pictures are okay.  Stupid pictures are not.  Stupid would include naked pictures or my tongue sticking out or looking like I’m trying to be 23.**

**3.  I will not post pictures that would embarrass or hurt another person.  Ever. You must learn to use good judgment.**

**4.  I will not overpost pictures of myself.   In addition, I will not refer to myself or others as “hot, hottie, sexy.” or any other term that makes a bigger deal over someone’s appearance than their heart.**

**5.  Mom and Dad can access my account any time because they have my password, and I will delete any pictures they tell me to.**

**6. I will not use the search in Instagram unless my parents are searching with me. Deleting or hiding search history in Instagram will result in the deletion of my account with no exceptions**

**7.  I will keep my Instagram account set to “private” at all times, and will not accept follower invites from people I do not know, especially boys or men.**

**8.  I will never, ever give out my address, location, or any other identifiable information on Instagram.  Creepy people exist.**

**9. I am far more valuable than any amount of “likes” that a pictures can create. I will not allow my self worth to be decided by how popular I am online. I am loved more than I can imagine already and my online presence cannot change that. I will not live for the approval of others.**

**9.  No posting from Instagram at sleepovers.  If the sleepover is at our house, all devices stay disconnected after 9pm.   I will not use Instagram, texting or other connected apps after 9pm from any location unless contacting my parents when I am away from them.  No exceptions.**

**10.  I will have fun, be creative, and connect with my friends…keeping in mind…that I am a daughter of the King and should behave like one in person and online. If I ever have questions, I should ask my parents BEFORE doing something online.**

**Consequences**

**Consequences are very simple. My parents know what is best for me. If I break this contract in any way, my parents love me enough to decide on consequences that fit the situation. Those consequences could change at any time and may cause me to miss out on things that I would really enjoy. This may cause me lots of tears. But I trust that my parents love me more than anyone else on this planet and I will trust that they have my best interest in mind.**

**Signatures.**

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**Child**

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Parent

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Parent