



# SUMMIT

MEN'S BIBLE STUDY

# The Theme of Appetites

- Eyes (Judges 14:2-3; 16:1; 16:4)
- Stomach (14:8-9)
- Pride (14:10-13)
- Anger/Vengeance (15:4-8)
- Thirst (15:18-19)

## Principle #1

Values will either define your appetites or be compromised by them.

# "The Maker of Noses" by Rich Mullins

Do I turn to the left?

Do I turn to the right?

When I turn to the world they gave me this advice

They said boy you just follow your heart

But my heart just led me into my chest

They said follow your nose

But the direction changed every time I went and turned my head

And they said boy you just follow your dreams

But my dreams were only misty notions

But the Father of hearts and the Maker of noses

And the Giver of dreams He's the one I have chosen

And I will follow Him



## 1 John 2:15-17 (ESV)

Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him. For all that is in the world—the desires of the flesh and the desires of the eyes and pride of life—is not from the Father but is from the world. And the world is passing away along with its desires, but whoever does the will of God abides forever.

## Proverbs 14:27 (ESV)

The fear of the LORD is a fountain of life,  
that one may turn away from the snares of death.



Principle #2

Appetites are never satisfied.  
What do you crave?



*“Never forget that when we are dealing with any pleasure in its healthy and normal and satisfying form, we are, in a sense, on the Enemy’s ground.*

*I know we have won many a soul through pleasure. All the same, it is His invention, not ours. He made the pleasures: all our research so far has not enabled us to produce one. All we can do is to encourage to humans to take the pleasures which our Enemy has produced, at times, or in ways, or in degrees which He has forbidden.*

*Hence we always try to work away from the natural condition of any pleasure to that in which it is least natural, least redolent of its Maker, and least pleasurable. An ever-increasing craving for an ever diminishing pleasure is the formula.”*

C.S. Lewis, *The Screwtape Letters* (pp. 44-45)





Matthew 5:6 (ESV)

“Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.”



## Principle #3

Appetites make terrible masters,  
but you're going to serve  
somebody.

## Philippians 3:17-21 (ESV)

Brothers, join in imitating me, and keep your eyes on those who walk according to the example you have in us. For many, of whom I have often told you and now tell you even with tears, walk as enemies of the cross of Christ. Their end is destruction, **their god is their belly**, and they glory in their shame, with minds set on earthly things. But our citizenship is in heaven, and from it we await a Savior, the Lord Jesus Christ, who will transform our lowly body to be like his glorious body, by the power that enables him even to subject all things to himself.



## Romans 6:16-18 (ESV)

Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God, that you who were once slaves of sin have become obedient from the heart to the standard of teaching to which you were committed, and, having been set free from sin, have become slaves of righteousness.



## Principle #4

Dying to self (and our appetites) is  
the only way to truly live.

## Matthew 16:24-26 (ESV)

Then Jesus told his disciples, “If anyone would come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it, but whoever loses his life for my sake will find it. For what will it profit a man if he gains the whole world and forfeits his soul? Or what shall a man give in return for his soul?”

*“Living is the same thing as dying. Living well is the same thing as dying for others.”*

N.D. Wilson, *Death by Living*



# Announcements

- Please be sure to sign in and print a name tag. It has your small group room in the corner.
- If you do not have a small group, stay in here and come to the front where Hil Bowman and Rob Heath will lead the Open Group.
- If your group meets in the West Tower, please use the skybridge.

