

DISCUSSION QUESTIONS – April 29-30, 2017



BIG IDEA: We choose steps, not destinations. We cannot choose a destination without carefully choosing our steps. Every choice we make is a step towards either a destination we want or one we don't want. The decisions we make today will determine where we end up and who we become in the future. Life and death are set before us. Choose to take steps toward life.

How many of us look to what others have and wish we could have it, or desire to be somewhere other than where God has placed us? This week we look at what Contentment looks like and where we can find it. Consider what lies ahead and determine what choices you will make to move towards life or death.

ICE BREAKER: If your house was burning down, what is one thing you would choose to take with you?

DISCUSSION:

1. Read Matthew 6:25-34.

2. How would you define contentment and what does it mean to have contentment in Christ?

A fully satisfied heart that sees what the Lord has already blessed us with.

3. Take a look at your own heart. How often is your heart unsatisfied and what are the distractions that cause you to be unsatisfied?

4. What are some thing in your life that you are discontent about or that you wish were different?

5. *1 Timothy 6:6-7. "Now there is great gain in godliness with contentment, for we brought nothing into the world, and we cannot take anything out of the world."* According to this verse, what leads to contentment?

6. What does it look like for a junior higher to pursue godliness?

7. Matthew 6:32-33. What is promised to us if we "pursue Godliness with contentment"?

8. How can we be sure that God knows what we need and that he will provide all that we need?

APPLICATION:

9. *Gratitude leads to contentment.* What has God done in your life that you can have a thankful heart for?

10. Contentment Challenge: Think of the distractions in your life that blur the lines in your relationship with Christ. What is one tangible thing you can give up this week that causes distraction in your life and replace whatever that is (i.e. desire, thought, object, or time spent) with time praying for you to be fully satisfied in Christ alone and meditating on scripture.

Psalms 16, Psalm 23

11. Commit to memorizing 1 Timothy 6:6-7 as a group. Write it on a note card, save it as your screensaver, and encourage one another to meditate on these verses this week.