

# EPIC PRAYERS: A 5-WEEK VIRTUAL STUDY

## Jesus's Prayer | Matthew 26: 36-46

<sup>36</sup>Then Jesus went with his disciples to a place called Gethsemane, and he said to them, "Sit here while I go over there and pray." <sup>37</sup>He took Peter and the two sons of Zebedee along with him, and he began to be sorrowful and troubled. <sup>38</sup>Then he said to them, "My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me."

<sup>39</sup>Going a little farther, he fell with his face to the ground and prayed, "My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will."

<sup>40</sup>Then he returned to his disciples and found them sleeping. "Could you men not keep watch with me for one hour?" he asked Peter. <sup>41</sup>"Watch and pray so that you will not fall into temptation. The spirit is willing, but the body is weak."

<sup>42</sup>He went away a second time and prayed, "My Father, if it is not possible for this cup to be taken away unless I drink it, may your will be done."

<sup>43</sup>When he came back, he again found them sleeping, because their eyes were heavy. <sup>44</sup>So he left them and went away once more and prayed the third time, saying the same thing.

<sup>45</sup>Then he returned to the disciples and said to them, "Are you still sleeping and resting? Look, the hour is near, and the Son of Man is betrayed into the hands of sinners. <sup>46</sup>Rise, let us go! Here comes my betrayer!"

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**Question 1 |** What did you learn in this story that you did not know before?

**Question 2 |** Why were the disciples so confident that they would never fall away?

**Question 3 |** What is your biggest excuse for not praying?

**Question 4 |** What are you asking God to take away from you? (ex. Sin struggle, hard circumstances, conflict, etc.)

**Question 5 |** Why do we get blindsided by temptation? How can we be more aware of its presence in our life?

**Question 6 |** What did Jesus model for us in his prayer?

**Question 7 |** “The purpose of prayer is not to get what I want, but to get my heart into alignment with what God wants.” Do you agree? Why or why not?

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**Question 8** | Why did the Father turn down the request of his beloved Son? What does this teach you about God?

**Question 9** | “How can this prayer stretch your prayers?”